

GUIDE FOR NEW VAPERS

TO HELP YOUR TRANSITION

EVOLUTION

WHY DO WE SMOKE?



NICOTINE PLEASURE STRONG SENSATIONS HABIT

Of course, some people stop smoking easily

WHY NOT YOU?

**MANY SMOKERS REPORT HAVING
TRIED EVERYTHING TO QUIT SMOKING**

Replacement therapies nicotine patches,
gum or other prescription medications
without nicotine

Complementary methods: lasers, hypnosis, acupuncture



All these pharmacological aids have
proven effective, but nothing
has worked for you

**FACED WITH THIS ADDICTION
WE'RE ALL VERY DIFFERENT**

IT ALL DEPENDS ON

the age you started smoking and
the length of your exposure to cigarette smoke

THERE MAY BE A NEW TOOL FOR YOU

To relieve you of nicotine cravings and
reduce the harmful effects of tobacco

WITHOUT LOSING PLEASURE!

Vaping could be the solution because

The 3 major poisons produced by burning tobacco are not present in vaping:
Carbon monoxide -> responsible for heart attacks and strokes
Tars -> responsible for cancer
Fine particles -> responsible for lung disease

Try the test - Google search: **Fagerström Test**

This will allow you to know your addiction level to nicotine

